

# "Healthy for Life"



## MEDICAL DOCTOR PRACTICES

Berkeley Springs Internal Medicine	304-258-9433
Community Physicians of War Memorial Hosp	304-867-3107
Eastern Panhandle Free Clinic	304-724-6091
Family Medicine of Berkeley Springs	304-258-4408
Good Samaritan Free Clinic: 1st come, 1st served	
121 N. Queen St., Martinsburg	no phone #
Graves Medical Practice	304-258-6327
Hahn & Nelson Family Practice	301-678-7007
Hancock Medical Practice	301-678-6292
Jerry Hahn, M.D.	304-274-6095
Morgan County Health Department	304-258-1513
Mountaineer Community Health Center	304-947-5500
Panhandle Podiatry	304-258-0528
Pediatric & Family Physicians of Morgan Co.	304-258-8805
Selma Medical Associates	540-678-2800
Shenandoah Community Health Center	304-263-4999
Surgical Services of War Memorial Hospital	304-258-0506
Tri-State Community Health Center	301-678-7526
War Memorial Hospital	304-258-1234

## FOOD BANKS

MCIEC (Morgan County Interfaith Emergency Care)	304-258-2487
God's Storehouse	304-258-2148/304-258-4591

## NUTRITION

Mealtime Community Kitchen	304-258-5600
Meals on Wheels	304-258-3096
War Memorial Hospital offers classes for Nutrition, Diabetes, Weight Control, Wellness	304-258-1234

## SUBSIDIZED HOUSING ASSISTANCE

Harrison Avenue Apartments	These three complexes managed by TM Associates 304-264-2330
Paw Paw Townhouses	
North Berkeley Apartments	
Catawba Club	304-258-0202
Country View Apartments	304-258-2043
Village Square Apartments	304-947-7518
Berkeley Square Apartments	304-229-7664

## FAMILY

Care Pregnancy Center of the Eastern Panhandle	304-264-2722
Women, Infants and Children WIC Program	304-258-6074
Starting Points	304-258-5600
Health Department	304-258-1513
Shenandoah Women's Ctr	304-258-1078
WV Children's Health Insurance Program	877-WVA-CHIP

## DENTAL/VISION PRACTICES

Thomas W. Leslie, DDS	304-258-2291
New Day Dental	304-258-1623
Berkeley Springs Dentistry	304-258-7800
Healthy Smiles	304-267-0250
Affordable Dentures (Winchester)	540-868-9845
Associated Oral Surgeons	304-263-0991
Wheeler Optical Services	301-678-6997
Dr. James Dolly	301-678-6997
Robert Robertson, DDS	301-678-6788
E. A. Hawse Dental Clinic (Baker, WV)	304-897-5915

## HEALTH & WELLNESS

Panhandle Home Health	304-263-5680
Northern West Virginia Home Health	304-258-4738
Awakening Health Center	304-258-6678
The Center for Rehab & Wellness	304-258-8377
Rankin Physical Therapy & Fitness Center	304-258-1300

## ADDITIONAL RESOURCES

Department of Health & Human Resources	304-258-1350
Social Security	800-772-1213
Friends of Man (requires application by a referring Professional)	303-798-2342
Aged & Disabled Resource Center	304-263-3943
Division of Rehabilitative Services	304-267-0005
EWV Community Action Agency (Weatherization)	304-822-5584
AIDS/SID Hotline	800-642-8244
Hospice of the Panhandle	304-264-0406

## EDUCATION/SUPPORT GROUPS

Morgan County Schools (Board of Education)	304-258-2430
Morgan County Partnership	304-258-7807
Morgan County Diabetes Education & Support	304-258-1234
Alzheimer's/Caregiver's Support Group	304-258-3096
Morgan County Forum for Arts, Sciences & Technologies:	
<b>FAST</b> Website: <a href="http://www.fastlearner.org">http://www.fastlearner.org</a>	

# Wellness Resources for Morgan County

## MENTAL HEALTH/COUNSELING

Eastridge Health Systems	304-258-2889
Gail Shade	304-258-5353
Shenandoah Behavioral Health	304-263-7023
Alcoholics Anonymous	800-333-5051
Narcotics Anonymous	800-777-1515
Suicide Hotlines	800-273-8255/800-784-2433

## HOMELESS SHELTERS

Bethany House (Women & Children)	304-263-3510
Patrol's Path (Veterans)	304-264-1776/304-283-7199
Red Cross (Emergency Housing)	304-258-1210
Union Rescue Mission (Men)	304-263-6901

## TRANSPORTATION SERVICES

Senior Life Services of Morgan Co.	304-258-3096
Lambert's Ambulance	304-262-9889
VIP Limousine	304-263-7177
Ryneal Transportation	304-263-2900

## DURABLE MEDICAL EQUIPMENT AVAILABLE FOR LOAN:

Senior Life Services of Morgan Co.	304-258-3096
The Center for Rehab and Wellness	304-258-8377
American Legion Post #60	304-258-1168

## SENIOR SERVICES

Senior Life Services of Morgan County	304-258-3096
Meals on Wheels	304-258-3096
Berkeley Springs Rehab & Nursing	304-258-3673
Shenandoah Behavioral Health	304-263-7023
Lion's Club for glasses & hearing aids	304-258-8939
Gateway In-Patient Senior Program	304-264-1230
Autumn Acres Personal Care Center	304-258-4330
War Memorial Hospital Long-Term Care	304-258-1234